

# Animal Companion Massage Class

**Saturday, Feb 20<sup>th</sup>, 1:00pm-3:00pm**

## **Do you need to relax and spend quality time with your dog?**

Come learn about the many benefits of animal massage! Topics covered in this class include; basic strokes for a relaxation massage, additional energy work, and more! Massage and energy work elicit the "relaxation response" which is a place of balance within the nervous system. A balanced and relaxed mind/body results in a healthier state for both you and your dog! Enjoy this wonderful opportunity to bond with your animal companion. Please bring your well-mannered dog on lead and wear comfortable clothing. We recommend that you bring a mat and a few snacks for you and your dog. This is an informative and interactive two hour course that everyone will enjoy!

**Instructor: Diana Freed, BS, LMT, ESMT**

**\$45 per person**

Call **410-741-0000** to reserve your spot!

**We are pleased to welcome accomplished massage animal relaxation specialist and instructor Diana Freed to Perfect Pet Resort for this special class and seminar.**

### **Diana Freed, BS, LMT, ESMT**

Diana Lee Freed is a Nationally Certified and State of Maryland Licensed Massage Therapist. She has a Bachelor of Science degree in Health and Human Performance from the University of Maryland. She graduated from the Baltimore School of Massage. Diana also has extensive training in energy work for animals.

Diana is currently enrolled in a veterinarian technician certification degree program.

Diana is also a certified Equine Sports Massage and a Canine Massage Practitioner. She received her Equine and Canine training from Equissage, Inc.

Diana was the Massage Specialist Services Coordinator for the Anne Arundel Medical Center where she also works with post partum patients and joint & spine patients. She is an instructor for Anne Arundel Community College's (AACC) Massage Therapy Degree & Certificate Programs. In addition, she teaches Continuing Education Units through AACC for certified Massage Therapists.

Diana has been providing animal massage and energy work techniques to clients on location at Perfect Pet Resort for six years, as well as maintains her private practice for both humans and animals.